

# Influence of air-entraining agent and freeze-thaw action on pore structure in high-strength concrete by using CT- Scan technology

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## Abstract

In this work, the effects caused by both the amount of air-entraining agent (AEA) and freeze-thaw cycles on microstructure of high-strength concrete have been analyzed. For this purpose, five series of concrete specimens have been manufactured, each of them containing a different amount of AEA. Then, all series have been subjected to up to 300 freeze-thaw cycles. In addition, the specimens have been analyzed using a computed tomography (CT) scan device at pre-defined freeze-thaw cycles and all data have been processed with digital image processing (DIP) software.

The results reveal, on the one hand, that the quantity of AEA has a greater influence on pore structure, and additionally the freeze-thaw action only slightly modifies the pore structure. As AEA increases, a progressive rise of the porosity and the number of pores is observed up to a maximum value. Next, a decrease is noticed. Moreover, there is not a linear relation between porosity and AEA. Furthermore, as AEA increases, a variation of its size and shape is observed. Alternatively, the effect of freeze-thaw cycles is more complex and does not show a monotonous tendency. The results reveal that the first 50 freeze-thaw cycles have the strongest influence on pore structure, observing a decrease in porosity. For the rest of the cycles, the porosity increases progressively resulting, after 300 freeze-thaw cycles, in a slightly lower porosity in almost all series than in those presented at the beginning. Hydration of unhydrated cement particles alongside with microcracking act

27 as opposite performances during the freeze-thaw cycles. Therefore, this can suggest that, under these conditions,  
28 freeze-thaw action is not able to damage significantly the microstructure of concrete.

29 The results show that the series with a lower AEA content show a better behavior under freeze-thaw cycles.  
30 In this case, the specimens exhibit a lower porosity and a higher level of small pores, and the pores evince a  
31 more elongated shape. All these features lead to a more impermeable concrete and, therefore, with a better  
32 performance under freeze-thaw cycles.

33

34 **Keywords:** computed tomography; air-entraining agent; freeze-thaw cycles; high-strength concrete; pore  
35 structure; pore distribution.

36

37 **1. Introduction**

38 Freeze-thaw action has a determining influence on service life of concrete structures located in many cold  
39 regions of the planet. As temperature decreases below 0°C, the free water into concrete freezes and increases in  
40 volume, bringing along with it an increase in pressure. When temperature rises above 0°C, the free water returns  
41 to its original liquid form, leading to a decrease on the internal pressure. The repeated action of this freeze-thaw  
42 process cause, in concrete structures, the birth and growth of microcracks. This phenomenon, along with the  
43 action of external loads, can result in structural collapse (Kosior-Kazberuk, 2013; Ma et al., 2017; Shields et  
44 al., 2018). This nature of cumulative damage is the reason why this mechanism is also known as thermal fatigue.

45 Pores have a key role in the strength of concrete structures against freeze-thaw cycles; particularly in the  
46 water unsaturated ones. Their most direct influence lies in the fact that they act as a reserve of volume against  
47 water expansion when freezing. In this way, the unsaturated pores are able to reduce the internal pressure of  
48 concrete. Thus, it is common for structural standards in cold regions to require the use of AEA in concrete  
49 manufacturing with the aim of assuring a suitable freeze-thaw strength (ASTM C226-19, 2019; UNE-EN 206,  
50 2018).

51 The role of AEA is to introduce air into the concrete matrix shaped like stable microbubbles, whose size  
52 is about one tenth of a millimeter (100 µm) (Jianxun et al., 2014). As a result, high porosity is achieved.  
53 However, porosity (defined as the ratio between the volume of trapped air and the total volume of concrete) is  
54 a global parameter that does not completely define the behavior of concrete under freeze-thaw cycles. In this  
55 sense, there is some recent research that highlights the key role of concrete microstructure (Dong et al., 2018;  
56 Han and Tian, 2018; Luo et al., 2017; Netinger Grubeša et al., 2019; Shields et al., 2018; Suzuki et al., 2017;  
57 Tian and Han, 2018). Therefore, it is interesting to study not only porosity, but also all the parameters related  
58 to pore structure (size, shape, distribution, etc.).

59 Pores also affect the response of concrete against mechanical stresses. A number of semi-empirical  
60 relationships between porosity and concrete strength can be found in scientific literature. The most remarkable  
61 ones are those belonging to Balshin (1949), Ryshkewitch (1953), Schiller (1958) and Hasselman (1963). In all  
62 of them, it is established that an increase in porosity involves a loss of compressive, tensile and flexural strength.  
63 In the case of mechanical fatigue, although its study is much more recent, a decrease in fatigue life while  
64 porosity increases has been observed (Chen et al., 2013; Vicente et al., 2018a).

65 The interaction between freeze-thaw cycles and mechanical response of concrete structures is of great  
66 interest. This phenomenon is observed in concrete bridges and concrete wind turbine towers located in regions  
67 subjected to thermal fatigue cycles, as in the north of USA and south of Canada, the north of Europe or China

68 and south of Russia, among others. In addition to thermal fatigue, these structures are subjected to external  
69 loads of both static and dynamic nature, as well as to mechanical fatigue. In both cases, high-strength concrete  
70 is commonly used.

71 As with thermal fatigue, mechanical fatigue results in a progressive degradation of the internal  
72 microstructure of concrete (Fan and Sun, 2019; Skarżyński et al., 2019; Vicente et al., 2018b, 2018a). In  
73 consequence, it is expected to find an addition of both the effects caused by the different types of fatigue,  
74 resulting in the acceleration of the birth and growth of the microcracking, and a reduction of the service life of  
75 the structure. However, few works thereon have been published so far, most of these focused on the study of  
76 concrete pavements (Shen et al., 2018; Yang et al., 2018).

77 According to IUPAC, pores can be classified according to their size into micropores (smaller than 2 nm),  
78 mesopores (from 2 to 50 nm) and macropores (larger than 50 nm) (Le et al., 2015; Rouquerol et al., 1994; Vydra  
79 et al., 2001). The traditional methods to analyze the pore structure are nitrogen absorption and mercury-intrusion  
80 porosimetry (MIP) (Gu et al., 2018; Netinger Grubeša et al., 2019), even though they have important limitations.  
81 On the one hand, they can only provide the pore-size distribution, but neither their spatial distribution nor their  
82 morphological parameters can be demonstrated. On the other hand, the information that they provide is related  
83 to the open porosity and not to the close one, which is rather more interesting when studying this phenomenon.

84 Nowadays, the use of computed tomography (CT) scanning technology in the analysis of concrete  
85 microstructure is increasingly common. In this field, there are many research works mainly focused on fiber-  
86 reinforced concrete, in which several parameters concerning fiber distribution and orientation are analyzed (Gao  
87 et al., 2018; González et al., 2018; Jasiūnienė et al., 2018; Oesch et al., 2018; Skarżyński and Suchorzewski,  
88 2018; Miguel A. Vicente et al., 2019b). Additionally, in recent years computed tomography (CT) has begun to  
89 be applied for the study of concrete pore morphology (Mínguez et al., 2019; Nitka and Tejchman, 2018;  
90 Olawuyi and Boshoff, 2017; Zhao et al., 2019; Zhou et al., 2019).

91 CT-Scan technology is able to isolate all pores of any concrete specimen with a minimum size of about  
92 10  $\mu\text{m}$ ; namely, macropores. Moreover, much information can be obtained about every single element: position,  
93 volume, surface, length, etc. This way, statistical studies can be carried out with these parameters or even with  
94 some previous obtained data, such as the shape factor, etc.

95 The aim of this work is to study the changes produced in the pore structure of high-strength concrete due  
96 to two variables: the amount of AEA and the freeze-thaw action. For that purpose, concrete specimens with  
97 different amounts of AEA have been casted, and then they have been subjected up to 300 freeze-thaw cycles.  
98 Additionally, the specimens have been scanned by using a CT-scan at pre-defined number of cycles (0, 50, 100

99 and 300 cycles). The results obtained enable to define several correlations between the variables under study  
100 and the evolution of concrete microstructure. High-strength concrete is commonly used in concrete bridges and  
101 concrete wind turbine towers.

102 The innovation of this paper is the use of computerized tomography to study the variation of the porosity  
103 of concrete subjected to freeze-thaw cycles. The computerized tomography allows the evaluation of many  
104 parameters of the pores (much more than other methods commonly used for the measurement of porosity), such  
105 as pore-size distribution, pore length and shape factor. These parameters can be therefore correlated to the  
106 behavior of the specimen under freeze-thaw cycles, in order to investigate the impact of the microstructure on  
107 their macroscopic response.

108 This paper is structured as follows. The experimental procedure is presented in Section 2; the results  
109 obtained are described and discussed in Section 3; the correlation between internal microstructure and behavior  
110 under freeze-thaw cycles is described in Section 4; and finally, the conclusions are found in Section 5.

## 111 **2. Experimental program**

### 112 *2.1. Materials*

113 In this research, 60 specimens divided in 5 series have been casted, which results in 12 specimens per  
114 individual series. The only difference between each series is the amount of AEA, which has been gradually  
115 increased from series A0.0 (0%) to series A0.4 (0.4%). The percentages of AEA have been chosen considering  
116 that 0.3% is the maximum amount recommended by the AEA manufacturer. Table 1 shows the dosage of  
117 concrete used in each series. As can be observed, some series show a quantity of AEA lower than the maximum  
118 recommended, while series A0.4 shows an amount greater than the maximum recommended.

119 Portland cement with high initial strength CEM I 52.5 R was used together with siliceous fine aggregate  
120 with a maximum size of 4 mm and coarse aggregate with a size between 4 and 6 mm. The AEA used was  
121 MasterAir 100 (BASF, Ludwigshafen am Rhein, Germany). Finally, superplasticizer MasterGlenium 51  
122 (BASF, Ludwigshafen am Rhein, Germany) and nanosilica MasterRoc MS 685 (BASF, Ludwigshafen am  
123 Rhein, Germany) were used.

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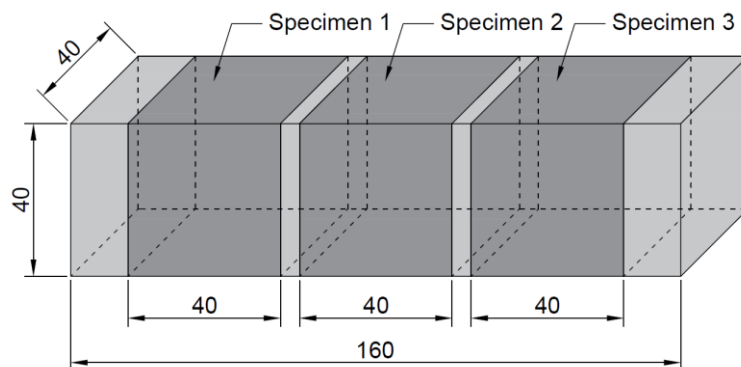
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**Table 1.** Concrete mixture.

Dosage	A0.0	A0.1	A0.2	A0.3	A0.4
Cement (kg/m <sup>3</sup> )			700.0		
Water (kg/m <sup>3</sup> )			219.0		
Superplasticizer (kg/m <sup>3</sup> )			22.0		
Nanosilica (kg/m <sup>3</sup> )			10.0		
Fine Aggregate (kg/m <sup>3</sup> )			685.0		
Coarse Aggregate (kg/m <sup>3</sup> )			794.0		
Air Entraining Agent (kg/m <sup>3</sup> )	0.00	0.72	1.44	2.16	2.88
Ratio AEA/Cement	0.0%	0.1%	0.2%	0.3%	0.4%

130

131 The specimens tested are cubic with an edge of 40 mm, and they have been obtained from prismatic  
 132 specimens with a size of 40x40x160 mm. A 2.8 mm-thickness diamond disc has been used for the cut. A total  
 133 of 3 cubic specimens have been cut off from every prismatic specimen, so the ends of the prism have been  
 134 discarded (Figure 1).



135

136

**Figure 1.** Cubic specimen extraction from prismatic specimen.

137 The specimens were cured for 90 days in a climatic chamber at a relative humidity of  $97\% \pm 0.3\%$  and an  
 138 ambient temperature of  $20\text{ }^{\circ}\text{C} \pm 0.5\text{ }^{\circ}\text{C}$ . All the specimens were approximately 90 days-old at the start of the  
 139 test campaign.

## 140 2.2. Testing procedure

141 Out of the 12 specimens of each series, 3 of them have been subjected to uniaxial compression test,  
 142 following the European standard UNE-EN 12390-3 (2020), in order to determine the average compression

143 strength of concrete ( $f_{cm}$ ). Table 2 shows the results obtained, together with the standard deviation in brackets.  
144 Besides, 9 specimens of each series have been subjected up to 300 freeze-thaw cycles, according to ASTM  
145 C666/C666M-15 (2015) standard. The range of temperatures in every cycle is established between  $-18^{\circ}\text{C}$  y  $4^{\circ}\text{C}$ ,  
146 and the tolerance of the equipment used is  $\pm 1^{\circ}\text{C}$ . A freezing chamber with temperature monitoring has been  
147 used during freezing, while a common cold store was used for thawing. Temperature has been systematically  
148 controlled at the beginning and the end of every stage. The total duration of every freeze-thaw cycle was 2  
149 hours, with both stages being equal (1 hour). However, as mentioned in the American standard, during the time  
150 that it was not possible to continue with freeze-thaw cycles, the specimens were kept in frozen condition ( $-$   
151  $18^{\circ}\text{C}$ ) to avoid the loss of moisture.

152 **Table 2.** Average compression strength of concrete and standard deviation.

Series	$f_{cm}$ (MPa)
A0.0	98.4 (1.5)
A0.1	99.8 (0.9)
A0.2	92.3 (3.2)
A0.3	88.6 (3.0)
A0.4	91.3 (2.7)

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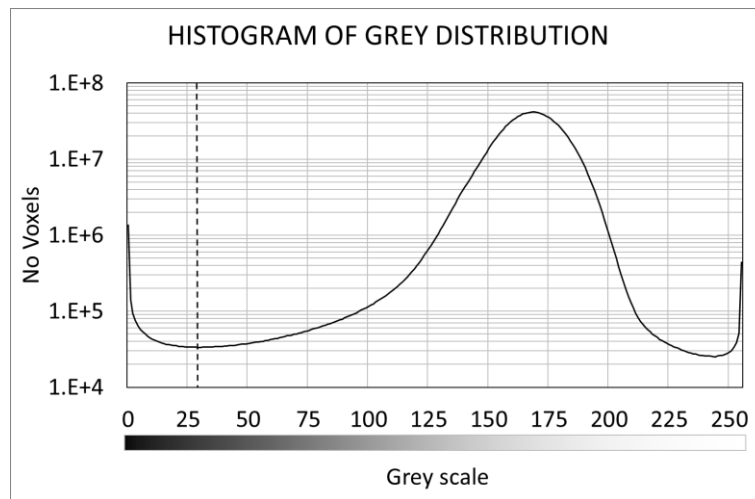
### 154 2.3. CT scanning and image postprocessing

155 Each specimen has been scanned four times: the first one before starting the freeze-thaw test and three  
156 times during its development; more specifically, at 50, 100 and 300 cycles. The CT-scan used is a GE Phoenix  
157  $\nu\text{tome|x}$  (General Electric, Boston, MA, USA) device. It is equipped with an X-ray tube of 300 kV/500 W. This  
158 facility includes a software that provides sectional images of the specimens with a resolution of 2048x2048  
159 pixels. Both the pixel size and the spacing between consecutive slices is 35  $\mu\text{m}$ , so the voxel size (volumetric  
160 pixel) is 35x35x35  $\mu\text{m}^3$ . Thus, a total of 1334 images can be obtained from each specimen.

161 The software included in the CT-scan works with 8-bit images, so a grey value in a range varying from 0  
162 to 255 is assigned to each voxel, where 0 means black and 255 means white. The value assigned depends on  
163 the linear attenuation coefficient  $\mu$  of the material, which in turn depends on density. Therefore, light grey  
164 voxels (high values) belong to more dense points, while dark grey voxels (low values) belong to less dense  
165 points. For instance, pores are shown in black since they are filled with air, whose density is very low. Finally,  
166 as a result of the scanning process, a matrix including X, Y and Z coordinates of the center of gravity of each

167 voxel as well as its grey value is obtained. The total number of voxels per specimen is approximately  $1.7 \cdot 10^9$ .  
168 The average scanning time of each specimen is about 1 hour. More detailed information regarding computed  
169 tomography can be found in (Miguel A Vicente et al., 2019; Vicente et al., 2017, 2014).

170 Next, image postprocessing has been carried out using the digital image processing (DIP) software AVIZO  
171 (FEI Visualization Sciences Group, Hillsboro, OR, USA). This tool enables identification and isolation of each  
172 individual pore into the specimens. First, the software identifies the voxels belonging to pores, which are the  
173 ones whose grey values are under the threshold value. With the aim of selecting a suitable threshold value, the  
174 histograms of grey distribution of all specimens have been studied. As a result, it is concluded that a grey value  
175 of 28 fits reasonably well into the pore-matrix interface. Figure 2 shows an example of a histogram of grey  
176 distribution, in which the threshold value of 28 is highlighted.



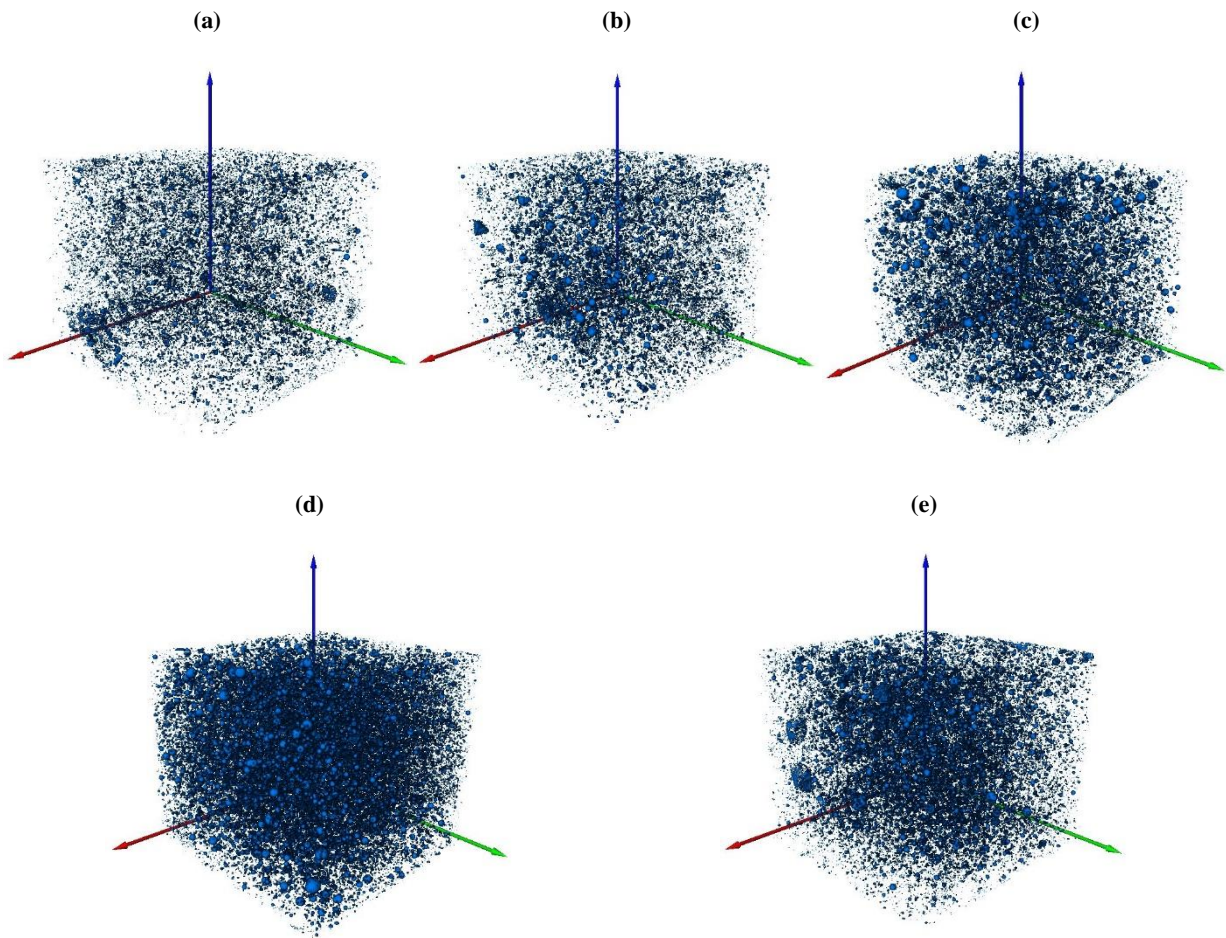
177  
178 **Figure 2.** Example of a histogram of grey distribution. The threshold grey value (28) is highlighted in dotted  
179 line, so voxels with a grey value between 0 and 28 are considered as pores.

180 As illustrated in Figure 2, a grey value of 28 corresponds to the minimum of the histogram function. This  
181 means that this grey value corresponds to the border between the holes (darker voxels and more habitual) and  
182 the concrete matrix (whiter voxels, and also more common). Considering all voxels with a grey value below  
183 28, it is guaranteed that the entire volume of each pore is captured.

184 After that, the DIP software merges the voxels in contact, creating groups that correspond to the pores into  
185 the concrete specimens. Figure 3 shows the pores identified and isolated in one specimen of each series. Finally,  
186 many data of every individual pore can be obtained: X, Y and Z coordinates of the center of gravity, as well as  
187 its volume, surface, length, etc. The length of a pore is defined as the maximum distance between two voxels  
188 belonging to the same pore. In this work, only pores equal to or greater than 0.1 mm have been considered; that  
189 is, with more than 3 voxels in their largest direction. The remaining ones have been discarded since their



190 parameters cannot be determined with sufficient accuracy. The results shown are the average values of the 9  
191 specimens of each series. In all cases, the variability between samples belonging to the same series was very  
192 low.



193 **Figure 3.** 3D reconstructed images of pore distribution in specimens of series A0.0 (a), A0.1 (b), A0.2 (c), A0.3 (d) and  
194 A0.4 (e). They were obtained after 100 freeze-thaw cycles.

### 195 **3. Results and discussion**

196 As a result of the CT scanning and the subsequent postprocessing through the DIP software, a large amount  
197 of information about every individual pore is obtained. In order to study the pore structure depending on the  
198 amount of AEA and the freeze-thaw action, an in-depth analysis has been carried out, focused on the most  
199 interesting parameters. In this case, a global study of pore-size distribution has been developed first, and then  
200 several particular analyses about two significant parameters – length and shape factor – have been carried out.

#### 201 *3.1. Pore-size distribution*

202 Two different types of curves are commonly used to analyze the pore-size distribution. Firstly, the porosity  
203 curves relate the size of each pore with the porosity that the smaller pores represent. Therefore, porosity is

204 displayed in the ordinate axis, defined as the ratio between the volume of pores considered ( $V_p$ ) and the volume  
 205 of the specimen ( $V_s$ ) (Eq. (1)).

$$p = \frac{V_p}{V_s} \quad (1)$$

206 Secondly, the cumulative pore-volume curves relate the size of each pore with the relative volume of the  
 207 smaller pores. Thus, relative pore-volume is displayed in the ordinate axis, defined as the ratio between the  
 208 volume of pores considered ( $V_p$ ) and the total volume of pores of the specimen ( $V_{p,tot}$ ) ((Eq. (2)).

$$V_{p,rel} = \frac{V_p}{V_{p,tot}} \quad (2)$$

209 Figures 4 and 5 show the porosity curves and the cumulative pore-volume curves, respectively. All series  
 210 have been plotted in both graphs, also considering the effect of freeze-thaw cycles. The values shown in Figures  
 211 4 and 5 correspond to the average values of each series.

212 In Figure 4, it is clearly observed that the amount of AEA has a decisive influence on concrete  
 213 microstructure in general and on porosity in particular. When only the 0-cycle curves are compared, it is noticed  
 214 that series A0.0, which does not contain any AEA, has the lower porosity. The addition of AEA causes an  
 215 increase in porosity, as expected, until the maximum dosage recommended by the manufacturer is reached,  
 216 which in this case corresponds with series A0.3. From then on, a decrease in porosity is observed (Table 3).  
 217 These results match with those belonging to other investigations in which the influence of AEA on concrete  
 218 porosity is also analyzed (Kim et al., 2012; Vicente et al., 2018a).

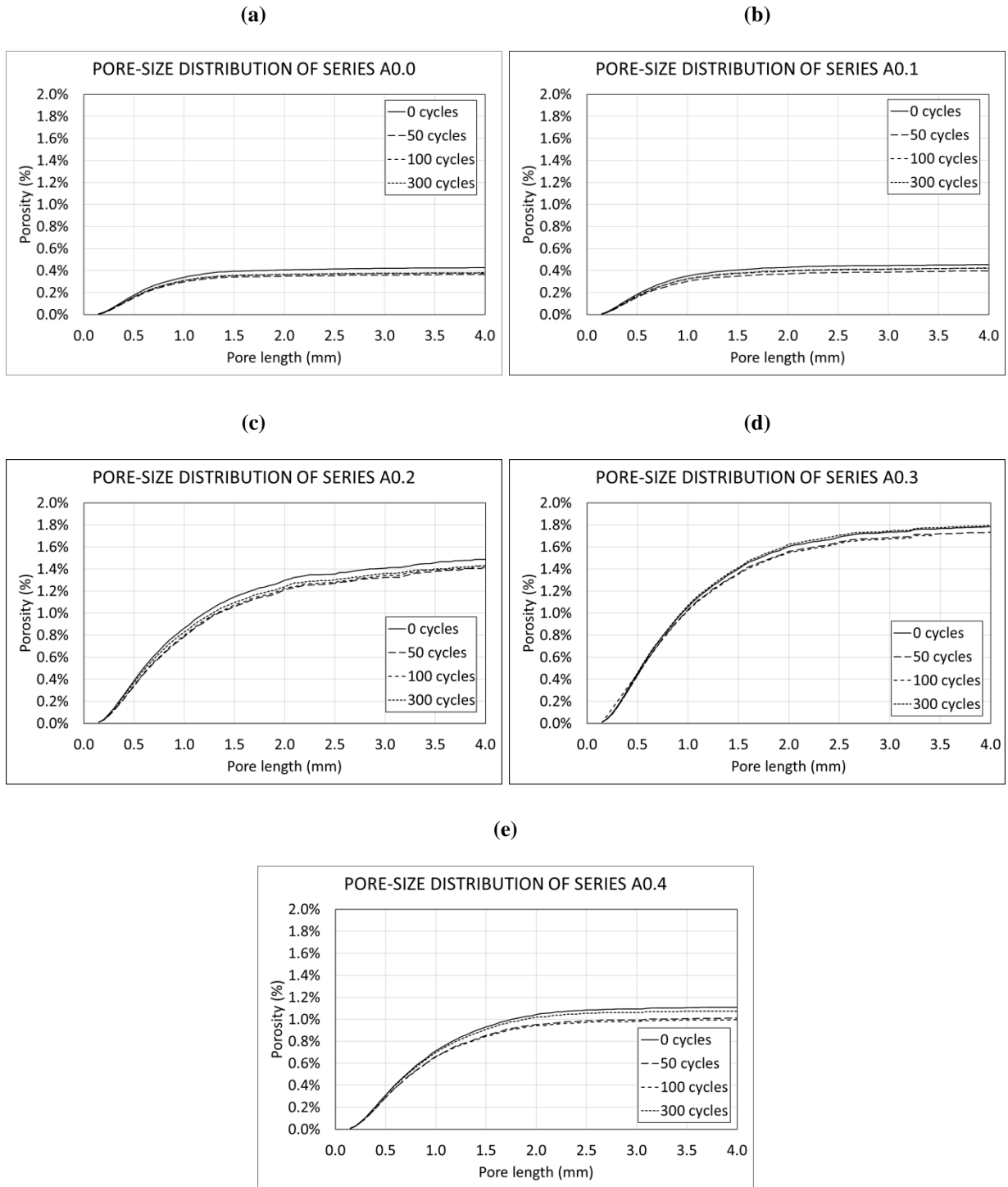
219 **Table 3.** Initial porosity (0 freeze-thaw cycles).

Series	Porosity (%)	Pore density ( $\text{mm}^{-3}$ )	Maximum pore size, $D_{90}$ (mm)
A0.0	0.43	0.73	1.32
A0.1	0.45	0.73	1.49
A0.2	1.49	1.13	2.62
A0.3	1.78	1.24	2.42
A0.4	1.11	0.99	1.85

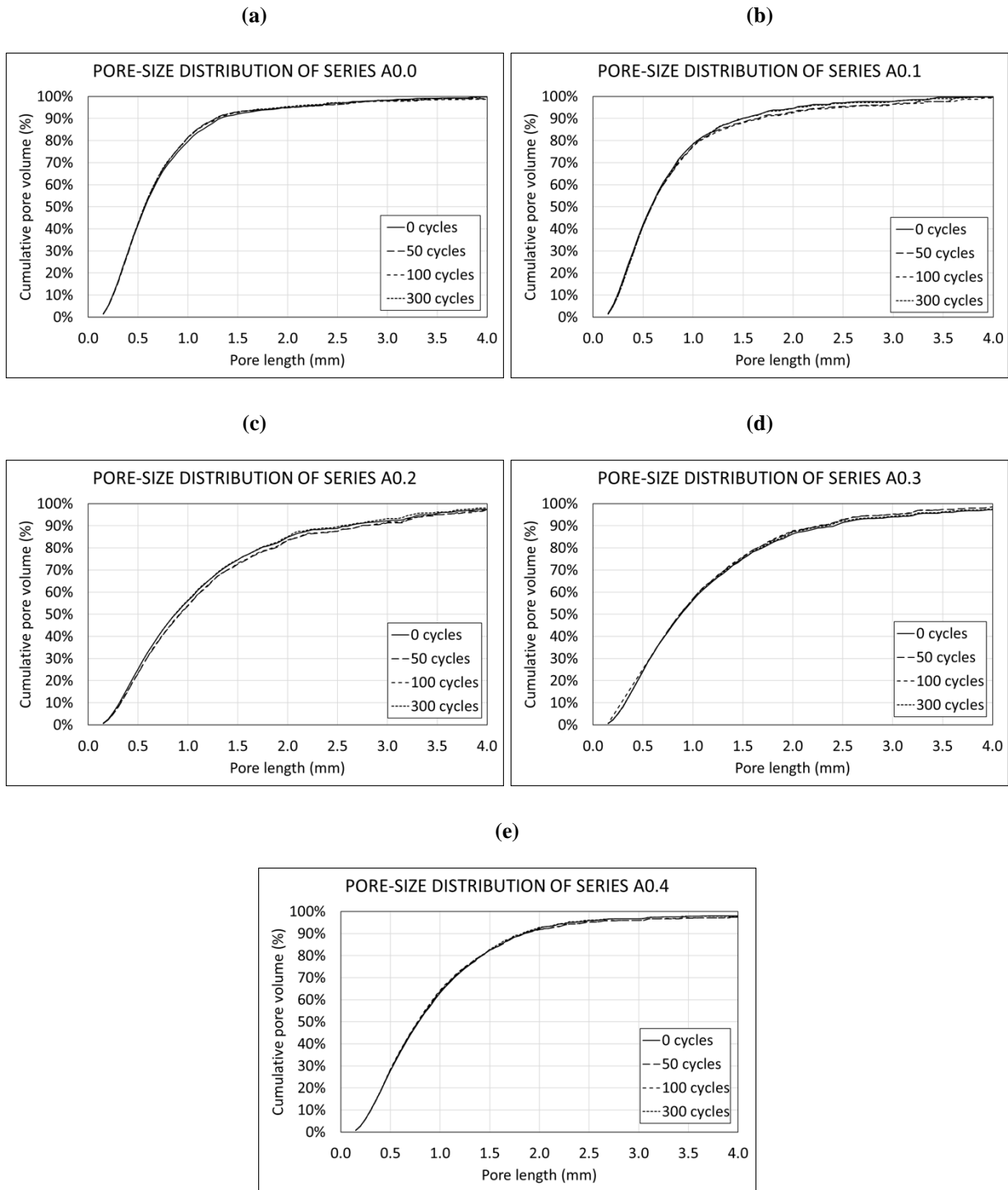
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221 With the aim of understanding the causes that explain the increase in porosity with the amount of AEA,  
 222 the results in Table 3 and Figure 5 can be referred. Firstly, Table 3 reveals that pore density (defined as the  
 223 number of pores per  $\text{mm}^3$ ) increases with AEA, which means that the number of pores also does. Secondly, the  
 224 maximum pore size ( $D_{90}$ ) can be obtained from the cumulative pore-volume curves (Figure 5), defined as the

225 size that is only exceeded by 10% of the total pores. It is a parameter often used to characterize the pore-size  
226 distribution of a specimen. The maximum pore size of each series at 0 freeze-thaw cycles is presented in Table  
227 3. An increase in its value is observed with the amount of AEA, which implies that the pore size also increases.  
228 This fact is also observed in Figure 5 through a displacement of the cumulative pore-volume curves to the right.



229 **Figure 4.** Porosity curves of series A0.0 (a), A0.1 (b), A0.2 (c), A0.3 (d) and A0.4 (e).



231 **Figure 5.** Cumulative pore-volume curves of series A0.0 (a), A0.1 (b), A0.2 (c), A0.3 (d) and A0.4 (e).

232 Consequently, the results reveal that the increase of the porosity is because the AEA not only generates  
 233 more pores, but also larger ones.

234 It is noticed that negligible quantities of AEA do not produce a significant increase in porosity. This could  
 235 be because of the size of the pores generated not being big enough to be detected by the CT-scan; in this case,  
 236 under 100  $\mu\text{m}$ . However, as the quantity of AEA increases, stable pores of increasing size are created. Therefore,

237 there is necessarily a percentage limit of AEA for which the size of the pores generated is above the minimum  
238 that can be detected by the CT-scan. This fact has two clear consequences. On the one hand, with very low  
239 contents of AEA, the porosity measured is almost identical to that belonging to a specimen without AEA. On  
240 the other hand, with slightly higher contents, the volume of air initially trapped into non-detectable pores is now  
241 considered, hence causing a sudden rise in porosity. In this case, the percentage limit of AEA is placed between  
242 0.1% and 0.2%, which explains the dramatic increase in porosity between series A0.1 and A0.2 (Table 3).  
243 Finally, when the amount of AEA is too large, the size of the pores increases and therefore the upward force on  
244 them also does. This way, the pore retention capacity inside the concrete matrix decreases, the air is released  
245 and hence the porosity decreases. This explains what happens in series A0.4. These results agree with those  
246 found by other researchers (Abd Elrahman et al., 2020; Mendes et al., 2017).

247 On the other side, Figure 4 reveals that freeze-thaw action has a much smaller influence on pore structure  
248 than the amount of AEA. However, it is worth highlighting some phenomena that are repeated in all series.  
249 Firstly, it is observed that the initial 50 cycles are those showing the greatest impact on concrete microstructure,  
250 causing a decrease in porosity. This aspect is more noticeable in the series with more quantity of AEA; in  
251 particular, in series A0.4 the reduction in porosity reaches 0.1%. Consequently, a densification of the concrete  
252 matrix occurs, which could mean an improvement of its mechanical response. Secondly, over the remaining  
253 250 cycles a gradual recovery of porosity is observed. Again, this increase is greater in the series with higher  
254 amount of AEA; in fact, series A0.3 is the only one whose final porosity (after 300 freeze-thaw cycles)  
255 overcomes the initial one (with 0 cycles).

256 When comparing the curves of 300 cycles of all the series, it is observed that, in most of the series, the  
257 curve for 300 cycles is below the curves for 0 cycles. On the contrary, in series A0.3, the curve for 300 cycles  
258 is above the curve for 0 cycles. However, this variation is small, which means that, in this case, the impact of  
259 the freeze-thaw cycles on the concrete matrix is not relevant. This agrees with the visual observation of the  
260 specimens at the end of the freeze-thaw cycles process; they did not show apparent signs of damage.

261 Moreover, Figure 5 reveals that the freeze-thaw action has a very low influence on pore size variations,  
262 since cumulative pore-volume curves remain almost unchanged.

263 These changes in porosity due to freeze-thaw cycles can be explained by the action of two opposite  
264 mechanisms. First, a hydration of the cement particles that had not reacted occurs. In the case of high-strength  
265 concrete, water/cement ratios often used are very low and a fraction of cement particles remain non-hydrated  
266 and, simultaneously, small water bubbles are retained. In addition, the freeze-thaw test conditions, with the  
267 specimens completely submerged in water, facilitate the access of water inside concrete. Therefore, local

268 cement hydration reactions are expected to occur, bringing with them an rise in volume of solids and a decrease  
269 in porosity. Secondly, the freeze-thaw action results in internal damage inside concrete matrix. This is because  
270 during freezing hydraulic pressure on pore-matrix interface significantly increases. If concrete does not have  
271 enough tensile strength to withstand this internal pressure, microcracks appear. Consequently, an increase in  
272 the total empty space inside the specimens (equivalent to porosity) occurs.

273 During the first 50 freeze-thaw cycles, a predominance of the hydration mechanism over the microcracking  
274 is observed, and hence a global decrease in porosity is produced. Thereafter, non-hydrated cement particles are  
275 residual, while the damage caused by freeze-thaw progressively increases. However, this second mechanism is  
276 not clearly observed in series A0.0 and A0.1, where the amount of AEA is lower.

### 277 3.2. Histogram of pore length

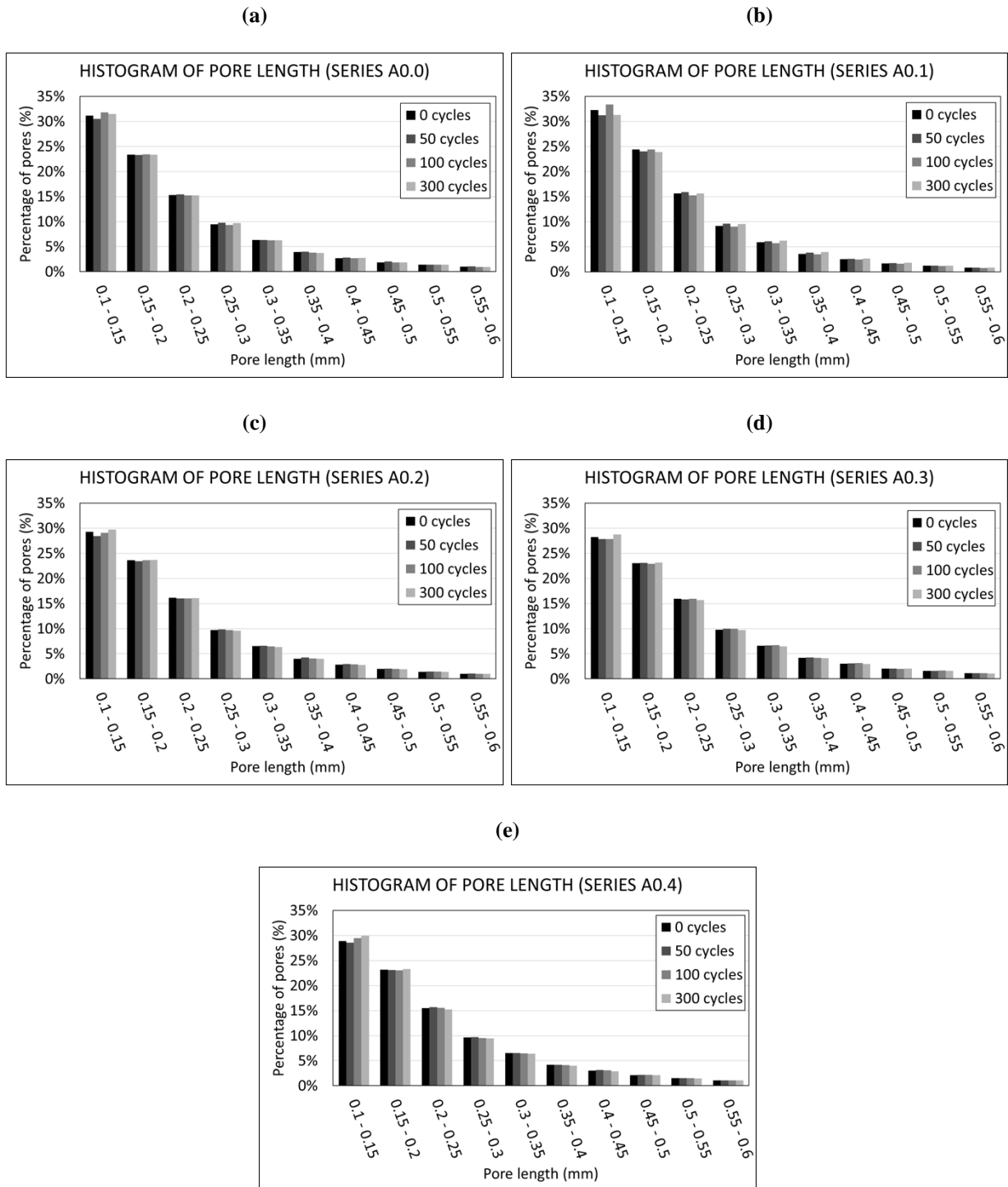
278 On the basis of the values of length of each individual pore, the histograms of pore length can be plotted.  
279 They are graphs that correlate a particular range of pore lengths with the percentage that represents over the  
280 total number of pores. These histograms are shown in Figure 6, where it is also included the evolution due to  
281 freeze-thaw action. As explained in Section 2, the pores whose length is lower than 0.1 mm have been discarded,  
282 since they cannot be defined with enough accuracy or even, they may correspond to digital noise because of the  
283 scanning process itself.

284 Figure 6 reveals that the percentage of pores in all series decreases as the length increases, following a  
285 clear negative exponential trend. In fact, pores whose length is between 0.1 and 0.2 mm represent more than  
286 50% of the total pores in all cases.

287 In addition, other aspects can be outlined in this figure. Firstly, the influence of AEA content is much  
288 lower than in porosity curves. However, it seems that its effect continues to be greater than the one belonging  
289 to freeze-thaw cycles. If only the 0-cycle bars are taken into account in order to discard the effect of thermal  
290 fatigue, it is noticed that the percentage of the smallest pores (0.1-0.2 mm) decreases with the increase in AEA.  
291 As a result, the percentage of the remaining pore sizes (0.2-0.6 mm) increases. This is explained by the fact  
292 that, as the amount of AEA increases, the pore size also does. Nevertheless, this trend is not repeated in series  
293 A0.4, the one containing the largest amount of AEA. As explained above, the reason behind is that, under very  
294 high contents of AEA, the pore retention capacity decreases, releasing the entrained air and reducing the  
295 porosity.

296

297



298 **Figure 6.** Histogram of pore length of series A0.1 (a), A0.1 (b), A0.2 (c), A0.3 (d) and A0.4 (e).

299 Secondly, it is noticed that the effect of the freeze-thaw cycles is less significant. A clear tendency is not  
 300 observed in series A0.0 and A0.1. On the contrary, it seems that in the rest of series the initial 50 cycles reduce  
 301 the percentage of the smallest pores (0.1-0.2 mm). However, during the rest of cycles a recovery of those pores  
 302 occurs; in fact, the final percentage of small pores is even higher than the initial one. The aforementioned  
 303 mechanisms can be used to explain this behavior. During the initial freeze-thaw cycles, local cement hydration  
 304 reactions predominate. As a result, concrete expansion takes place, which is more likely to affect the smallest

305 pores, closing them and falling in number. Likewise, the internal damage caused by the freeze-thaw cycles  
306 predominates over the rest of time. This damage results in microcollapses which disaggregate the pore-matrix  
307 interface and, with regard to the CT-scan, this can be read as the division in smaller pores, or even the defects  
308 created can be under the detection threshold of the device.

### 309 3.3. Histogram of shape factor

310 One interesting geometrical parameter to characterize pore structure can be obtained from the data  
311 provided by both the CT-scan and the DIP software. This is the shape factor, defined as the ratio between the  
312 volume of a pore and the volume of the sphere circumscribed to that pore (Eq. (3)) (Blott and Pye, 2008):

$$SF = \frac{V_p}{\frac{1}{6} \cdot \pi \cdot L_p^3} \quad (3)$$

313 where  $V_p$  is the pore volume and  $L_p$  is the pore length.

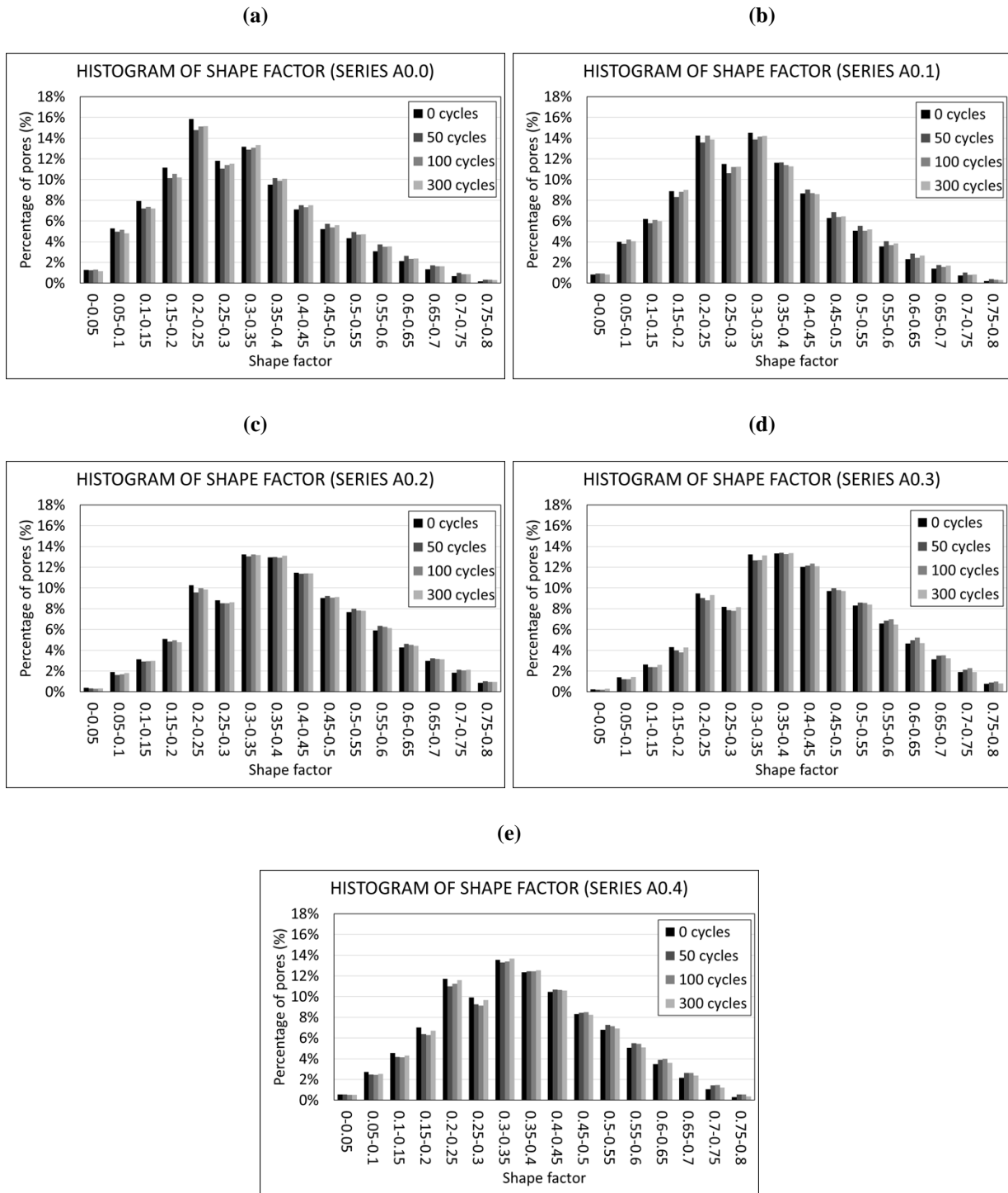
314 Histograms of shape factor can be plotted by using the data of the shape factor of each individual pore.  
315 They consist on graphs that correlate a particular range of shape factors with the percentage that represents over  
316 the total number of pores. These histograms are shown in Figure 7, where it is also included the evolution due  
317 to freeze-thaw cycles. It should be highlighted that shape factors ranging from 0.8 to 1 are not included, since  
318 they represent a very small proportion and do not add any relevant information.

319 A first conclusion drawn from the histograms in Figure 7 is that pores are not spherical at all, since their  
320 shape factors are far from 1. In particular, the modal value varies between 0.2 and 0.4, so the shape of the pores  
321 is rather elongated or irregular. This matches with the findings of other recent investigations (Chandruppa and  
322 Biligiri, 2018; Vicente et al., 2019a).

323 Secondly, an increase in shape factor with the amount of AEA is observed; in other words, as the content  
324 of AEA increases, pores become more spherical. Moreover, the histograms are flattened simultaneously, which  
325 implies a reduction in peak percentages. This suggests that, though the shape factor of the pores increases, it  
326 does not tend to stabilize around a certain value. This growth can be explained due to the fact that AEA is able  
327 to introduce stable pores inside concrete, whose shape factors are relatively high. This way, the irregularity of  
328 pores in the no-AEA situation (series A0.0) is compensated, resulting in higher shape factors. Finally, the trend  
329 is reversed in series A0.4 and the shape factor of pores decreases. As explained before, under very high contents  
330 of AEA, the pores retention capacity decreases and hence they are released. Therefore, as precisely these  
331 microbubbles have a high shape factor, the final result is that pore sphericity is reduced.

332





333 **Figure 7.** Histogram of shape factor of series A0.0 (a), A0.1 (b), A0.2 (c), A0.3 (d) and A0.4 (e).

334 Lastly, it is observed that freeze-thaw action barely modifies the shape factor of pores. However, as  
 335 mentioned above, it seems that the initial 50 cycles have a determining influence. During this period, an increase  
 336 in shape factor in all series occurs, which is particularly significant in the series with the least content of AEA  
 337 (series A0.0 and A0.1). This is reflected in a slightly displacement of the histograms to the right. Then, over the  
 338 rest of the cycles a progressive decrease in shape factor is noticed, and finally the resulting shape factors are  
 339 very similar to the initial ones. Again, this behavior can be explained due to both the hydration and freeze-thaw

340 damage mechanisms. During the first cycles, local cement hydration reactions cause a concrete expansion that  
341 mainly affects the smallest pores, closing them. These pores tend to be precisely more elongated or irregular,  
342 thus an increase in shape factor occurs. In the case of the series with larger amounts of AEA, as the pores  
343 introduced cause by themselves an increase in shape factor, the effect of hydration mechanism is less relevant.  
344 Therefore, the increase in shape factor is lower. Finally, over the rest of cycles, freeze-thaw action causes  
345 microcollapses in pores that modify them, making them more irregular or even subdividing them in smaller  
346 pores also of irregular shape. In consequence, shape factor decreases.

#### 347 **4. Correlation between internal microstructure and response under freeze-thaw cycles**

348 When the series of 0 cycles and of 300 cycles are compared globally, some trends are observed that can  
349 help to understand the relationship between microstructure and macroscopic response.

350 In the series A0.0 and A0.1 it is observed that the porosity curves at 50, 100 and 300 cycles (Figure 4) are  
351 very close to each other, which means that during the first freeze-thaw cycles a densification occurs but, finally,  
352 the freeze-thaw cycles do not result in a global damage of the microstructure.

353 These series have some particular characteristics. First, the porosity in all of them is lower than in the rest  
354 of the series. In addition, they initially have a percentage of pores between 0.1 and 0.15 mm higher than the  
355 rest. In addition, the maximum pore size is clearly lower. The series A0.0 and A0.1 also show a distribution  
356 curve of the shape factor different from the rest of the series. In these cases, the most common range is 0.20-  
357 0.25, while for the rest of the series the most common range is clearly higher.

358 In summary, it is observed that the A0.0 and A0.1 series show the best behavior under freeze-thaw cycles,  
359 which are characterized by having less porosity, smaller pores (which are specified in a higher percentage of  
360 smaller pores and a smaller maximum pore size) and more elongated pores (with a smaller shape factor).

361 Apparently, the first freeze-thaw cycles cause a microcracking of the structure, helping to hydrate the  
362 cement particles that had not yet been hydrated and ultimately resulting in a reduction in porosity. This process  
363 consumes the free water that was inside the specimen. As concrete has low porosity and the pores are small, the  
364 entry of water from the outside is very small, that is, they are almost waterproof, so there is less internal damage  
365 caused by freeze-thaw cycles.

366 The series A0.2, A0.3 and A0.4 show a worse behavior under freeze-thaw cycles. By having more  
367 porosity, the entry of water from the outside is greater (they are permeable), so the damage caused by freeze-  
368 thaw cycles is greater. In addition, they show a higher percentage of larger pores, and also pores with less  
369 elongated shapes (larger shape factor). This results in higher values of tensile stresses in the concrete matrix

370 around the pores, caused by the expansion of water when it frozen. It seems that the pores created by the AEA,  
371 which tend to be more spherical as explained above, are more vulnerable to the freeze-thaw cycles.

## 372 **5. Conclusions**

373 In this work, the changes produced in the pore structure of high-strength concrete as a result of the amount  
374 of AEA and freeze-thaw cycles are analyzed. For this reason, specimens with five different amounts of AEA  
375 have been casted, and then they have been subjected up to 300 freeze-thaw cycles. The specimens have been  
376 also scanned using a computed tomography scan at some pre-defined numbers of cycles. The most interesting  
377 results are next summarized.

378 The amount of AEA has a determining influence on porosity. As its content increases, porosity also does,  
379 but up to a limit. In this case, that limit is reached in series A0.3, which corresponds to the maximum dosage  
380 recommended by the manufacturer. In addition, it is proved that the increase in porosity is due to the fact that  
381 AEA is able to generate a greater number of pores and also larger pores. Regarding the reduction in porosity  
382 with large amounts of AEA, it is explained because the pore retention capacity inside the concrete matrix  
383 decreases.

384 Freeze-thaw action has less influence on porosity than the amount of AEA. Nevertheless, several  
385 interesting phenomena are observed. It is noticed that the initial 50 cycles are those showing the most relevant  
386 impact on pore structure, causing a decrease in porosity. However, over the rest 250 cycles a partial recovery  
387 of porosity occurs. The final result is that porosity after 300 freeze-thaw cycles is slightly lower in all cases,  
388 except for series A0.3, where it remains almost equal. This finding suggests that, under this type of concrete  
389 and these test conditions, freeze-thaw action does not substantially damage concrete microstructure. This is  
390 clearer in the case of series A0.0 and A0.1, with a lower content of AEA. In these series, the recovery of the  
391 porosity after the initial 50 cycles is hardly observed.

392 The histograms of pore length show that the percentage of pores decreases with increasing length in all  
393 series, following a clear negative exponential tendency. On the other side, it seems that the percentage of the  
394 smallest pores (0.1-0.2 mm) decreases as the amount of AEA increases, while the rest of pore sizes (0.2-0.6  
395 mm) increases. The reason is that AEA makes larger pores. With regard to the effect of freeze-thaw cycles, it  
396 is observed that the first 50 cycles reduce the percentage of the smallest pores (0.1-0.2 mm), which is later  
397 recovered over the remaining cycles. Behind this behavior, two opposite mechanisms could be found: concrete  
398 hydration and freeze-thaw internal damage.

399 From the histograms of shape coefficient, it is concluded that pores are not spherical at all, but rather  
400 elongated or irregular. In addition, an increase in shape factor with the amount of AEA is observed, which can  
401 be explained because the pores generated by AEA are very stable, with a relatively high shape factor. Finally,  
402 it is noticed again that the initial 50 freeze-thaw cycles are those which have the greatest influence on pore  
403 structure, causing an increase in shape factor.

404 To sum up, the addition of AEA in concrete mixtures not only affects porosity, but also has a significant  
405 impact on pore structure, causing an increase in the number of pores, their size and their shape factor.  
406 Alternatively, it seems that freeze-thaw action causes an initial reduction in porosity, which afterwards is  
407 gradually recovered. This recover is hardly observed in A0.0 and A0.1 series, with the lowest AEA content,  
408 while it is clearly observed in the rest of the series.

409 In the end, the overall result is that porosity after 300 freeze-thaw cycles decreases slightly in almost all  
410 series. Thus, suggesting that freeze-thaw cycles do not damage significantly the microstructure of concrete.

411 The best response under freeze-thaw cycles is provided by the A0.0 and A0.1 series, since the final porosity  
412 is clearly smaller than the initial one. A lower porosity, smaller pores and more elongated pores characterize  
413 these series. The first freeze-thaw cycles produce microcracking, which allows the hydration of cement particles  
414 that have not been hydrated yet and, consequently, reduce porosity. During the rest of the freeze-thaw cycles,  
415 the entry of water from the outside is (modest, limited) ~~small~~, since concrete has low porosity and the pores are  
416 small. Concrete is rather waterproof and, in consequence, the internal damage caused by freeze-thaw cycles is  
417 exiguous.

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