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# Wine Experience Scale: validating the behavior and motivations of Spanish wine tourists

#### **Abstract**

**Purpose:** Understanding the role of emotion, landscape, involvement and storytelling related to wine are the basis for understanding the wine tourist experience. The purpose of this study is to analyze the validity and reliability of the Wine Experience Scale in Spain.

**Design/methodology/approach:** The Scale validation comprised the translation, cultural adaptation and validity, in which 250 wine tourists (45.6% male and 54.4% female) from 17 Spanish wineries participated. Data was collected on different days during three consecutive months. To carry out the analyses, IBM SPSS and JASP software were used. **Findings:** The statistical procedures used allowed the verification of psychometric properties, as well as adjustment indices and reliability measures. The analyzes carried out retained 16 items and ensured grouping into four factors: Wine Storytelling, Wine Involvement, Winescape and Wine Tasting Excitement.

**Originality:** By providing this instrument, it will be possible to create a promising path of commercial knowledge. Its application will contribute to establishing a more accurate profile of wine tourists and, simultaneously, to adapting a sustainable tourist offer.

**Keywords:** scale validation; wine experience; Spain; hedonic experience; wine tourist motivations

#### 1. Introduction

Wine is a key concept of Spanish culture and, in recent years, wine tourism has become a product that drives wine sector and wineries at a national and international level, for its economic, social, cultural and environmental value (García-Casarejos et al., 2018; Vorobiova et al., 2020). In the 1990s, according to Getz (2000), the focus of research on this topic was essentially tourist behavior and the development of rural areas where wineries are located. Recently, researchers from all over the world have delved deeper into wine tourism, and Spain is no exception (e.g.: Marzo-Navarro and Pedraja-Iglesias, 2009). The wine routes as a tourist product, accredited by the Spanish Ministry of Tourism in the 2000s, were a crucial trigger for stimulating the wine industry, especially in smaller wineries (Spanish Ministry of Tourism, 2000). According to Szivas (1999), alongside local, regional and national economic growth, there is the generation of new jobs, and a new image of rural development, particularly due to the flow of tourists. Furthermore, the wine sector provides an ecosystem of activities that are expected to be aligned with environmental and cultural sustainability, the economic development of rural areas and the seasonality of tourism demand (García-Casarejos et al., 2018).

Tourism in general is an important sector of the Spanish economy. In 2018, the economic impact of wine tourism in particular increased by 20.5%. In 2019, tourism in Spain became the sector that contributed the most wealth to the economy, with a total of 176 billion euros, representing 14.6% of GDP. In 2020, as a result of the pandemic, there was a substantial drop, however, tourism continued to represent 5.5% of GDP. In 2021, wine tourism gains momentum after the pandemic and, generated an estimated total economic impact of €160 million (Asociación Española de Ciudades del Vino, 2022). The literature on this topic in Spain is sparse. However, this type of tourism has been

gaining considerable economic and academic interest. On the one hand, researchers focus on topics such as wine tourism and wine production issues (e.g.: López-Guzman *et al.*, 2007; López-Guzman and Sánchez, 2008). A study by Hall *et al.* (2000), the central theme was the socioeconomic impact of wine tourism, another study carried out in Australia (e.g.: Charters and Ali-Knight, 2002) analyzed the sociodemographic characteristics of visitors to wineries. On the other hand, there is also interest in the dimensions that positively influence individuals to experience services offered by wineries (e.g.: Marzo-Navarro and Pedraja-Iglesias, 2009).

According to Spanish Wine Cities Association (in Spanish Asociación Española de Ciudades del Vino [ACEVIN]), Ribera del Duero was the first to receive this certification, in 2006 (ACEVIN, 2019, 2022), was the most visited route in 2018 and the second most visited in 2021, with 197145 visitors. Ribera de Duero is one of the nine denominations of origin of the Autonomous Community of Castilla y León, which reflects the global relevance of its wines (Yuste, 2017). Considered one of the most important routes in Spain and the one that offers more wine tourism services (ACEVIN, 2022), Ribera de Duero is characterized by its historical, cultural and artistic heritage, such as the route of castles, visits to monuments and monasteries, natural parks, distinctive traditional cuisine and summer festivities. Winemaking has always been one of the main agricultural activities in the region and, over time, wine has become an art form. In addition, the motto established by the Ribera del Duero wine route is *Dispierta* tus Sentidos, that is, Awaken your Senses. This slogan is in line with what was stated by Getz and Brown (2006) regarding the fact that wine tourism provides sensorial experiences, since the visitor can experience the pleasure of taste (the taste of wines), smell (the smell of the cellars), touch (holding the glass), sight (contemplating the vineyard) and sound (the uncorking of the bottles).

In recent decades, tourism and wine have combined to merge and create a new form of leisure and fulfillment of needs in wine regions. Wine tourism has emerged as a lucrative sector, which allows the creation of new jobs, revitalize and develop rural regions, enhance the heritage and create new tourist itineraries (Cunha *et al.*, 2020). According to Hall (1996), wine tourism can be defined as a visit to vineyards, wineries, festivals and shows related to wine, in which wine tasting and/or contact with the attributes of a wine region are the main motivating factors for visitors. The tourist and his/er wine-related experiences are the key to the success and sustainability of tourism, who seeks tangible and intangible attributes of the experience. The profile of the wine tourist is heterogeneous, and s/he can be intentional or occasional, that is, s/he does not always have the conscious and prior purpose of making a visit related to wine (Byrd *et al.*, 2016), and it can be an induced result (Getz and Brown, 2006).

To boost this segment of tourism, it is extremely important to know its 'consumer'. In addition, gender, age and knowledge that the consumer has revealed to be factors that affect the preference for wine experiences. Several authors (e.g.: Byrd *et al.*, 2016; Mitchell *et al.*, 2000) have tried to define a 'typical' and more or less stable profile of the wine tourist: middle-aged individuals, married, with higher education, professionally active, with positions of management/entrepreneurs, and high monthly income. An interesting data relates to gender, in which women have a more expressive presence (Machin, 2000; Barber *et al.*, 2006), who are more interested in context, personal experience, landscape, culture, and conviviality (Mitchell and Hall, 2001), and consequently characterized as a feminine beverage (Spawton, 1990). Nevertheless, Hall *et al.* (2000) found that there are significant gender differences with regard to social factors (e.g., wine tourism planning) and self-image. For instance, in this study, men have higher mean values than women regarding psychological values regarding the perceived

value of wine. A new conception of wine tourism has emerged and offers a transcendent experience to wine, that is, it has an aesthetic dimension (e.g.: presentation of the vineyard) that attracts the visitor (Charters and Carlsen, 2006) and is concerned with the individual sensory experience. The concept "architecture of wine" suggested by Yravedra and Yravedra (2020), assumes that it comes from a synergy between man and nature, which provides a differentiated multisensory experience through the landscape, tasting and other activities related to wine tourism.

The motivations push the tourist towards the experience. For the same reason, motivations are an important variable to explain behavior and to analyze in depth tourist experiences (Baker and Crompton, 2000). There are few studies research on wine tourism experiences (Santos *et al.*, 2019). Moreover, knowing the perspective, motivations and needs of the tourist allows boosting the development of wine tourism. Straub et al. (2004) state that the validation of psychometric instruments allows the measurement of behavior, with the ultimate objective of theoretically explaining the pattern of behavior. Moreover, several authors reinforce the importance of adapting and validating psychometric instruments (e.g., Adewuya et al., 2006; Beaton et al., 2000). In this sense, the aim of this study is to analyze the validity and reliability of a scale that assesses the holistic behavior of wine tourist, in the Spanish context, in particular in the region of Ribera del Duero. Consequently, this study expands on the original one by Santos et al. (2020), proposing the validation of the scale with Spanish wine tourists. It also expands on the understanding of the experience, behavior and individual motivations of tourists.

#### 1.1. Wine experience and its dimensions

According to Bruwer and Rueger-Muck (2018), potential tourists form perceptions and build expectations - a priori - regarding the wine tourism, based on previous experiences or through information obtained from other people. In addition, the entire scenario surrounding wine tourism (e.g., facilities, vineyard, tasting room, activities offered, etc.) influence the perception of the experience and the experience itself (Bruwer et al., 2013; Morris and King, 1998). Wine tourism can be considered an escape experience (Vorobiova et al., 2020), which consists of integrating the client with the destination, producing feelings towards it - this experience is the essential object of the trip. An experience can be understood as knowledge or skill that you get from doing, seeing, or feeling things, or the process of getting this (Lan et al., 2021). In this sense, according to Santos et al. (2019), the experience can be understood in the light of three prisms: situational, knowledge decoding and emotional response. A memorable wine tourism experience begins before entering the cellar, and presupposes meaningful and sense-making, a perfect symbiosis between the tourism environment and the tourist, who decodes the stimuli, acquiring knowledge and producing emotional responses (Santos et al., 2019). For instance, the study by Bruwer and Rueger-Muck (2018) showed that the landscape is a strong influencing factor for a pleasant wine experience. Although wine tourists are mainly wine consumers, the wine experience goes beyond drinking wine (Oyinseye et al., 2022), due to wine tourism offers a hedonic dimension by sharping the tourist's five senses, through the landscape and iconic surroundings, the cultural heritage, and the enjoyment and taste wine. Wine tourism is a cultural experience provided in a specific setting, for tourists with a different and sophisticated lifestyle, yet connected with the authenticity of the place.

The wine tourism experience also encompasses social aspects (Kim *et al.*, 2009) and therefore has been seen as a new social phenomenon. This recent approach to the social dimension of wine tourism allows an in-depth study of the experiential expectations of such a heterogeneous tourist group (Napolitano *et al.*, 2022). According to these

authors, the social setting attribute is essential in the wine tourism experience, as there is an effective social relationship between the tourist and the winery's staff (e.g.: winemaker, oenologists), who provide them with an empathetic and wine-symbiotic experience. Moreover, the importance of studying social relations as part of the wine tourism experience allows its integration into a single "social winescape framework" (Napolitano *et al.*, 2022, p. 840), reinforcing the relevant role of winescape attributes for wine tourism (Thomas *et al.*, 2018).

#### 1.2. Profile and individual wine motivations

When analyzing wine tourism, motivation cannot be restricted to wine only. According to Hall et al. (2000), wine tourism presupposes "the motivations, perceptions, previous experiences and expectations of the wine tourist" (p. 6). Hall et al. (2000) lists several motivations that lead people to seek wine tourism: 1) acquisition and tasting of wine in their production environment; 2) educational motivations, i.e., learning more about wine as a cultural product; 3) socialization - between friends and family and people with the same interests; 4) health benefits of wine consumption. Medina and Tresserras (2008) complete this list with motivation based on the surrounding landscape (e.g.: wine estates, architecture, winery, museum). Who is the person looking for wine tourism? What are your motivations? Understanding the profile, behavior and motivations of tourists who choose wine tourism are important for researchers (e.g.: Vaz, 2008; Marzo-Navarro and Pedraja-Iglesias, 2009; Coelho et al., 2021; Lima et al., 2020). What is certain is that it is not possible to draw a generalized profile of the wine tourist, since the oenological/wine supply and culture varies from country to country. Still, wine culture is presented as the axis of wine tourism and, in turn, wine is considered the cultural element that enhances all associated services.

There are different aspects of the wine experience that influence tourist/consumer behavior. First, previous experiences are an indicator that is measured to assess the impact on tourism attitudes, as they are an important source of emotions (e.g., Organ et al., 2015). Yet, during the experience itself, several activities are carried out (e.g., of an educational nature, visit to the vineyard, tasting), which allow the tourist to 'escape from reality' and conditionate their attitude (Lee et al., 2017), and purchase behavior (Gómez-Carmona et al., 2023).

To understand the wine tourist, it is crucial to considering that the tourist has previous beliefs about the wine tourism experience (Panosso, 2005), which will allow reaching an understanding of the holistic essence of wine tourism (Hall *et al.*, 2000). Tourist standards are changing and increasingly demanding, especially rewarding experiences that offer emotional stimuli, like wine tourism (Marzo-Navarro and Pedraja-Iglesias, 2009). Wine tourism can be understood through three purposes, two of which are directly related to the tourist/consumer experience: services available (Hall *et al.*, 2000), experiences that involve, and longitudinal perspective to grant the wishes of visitors (Getz, 2000). Wine is clearly a lifestyle, a hedonic experience, an "experiential view" (Hall *et al.*, 2000, p. 129), that is, an individual experience that produces pleasant sensations (Bruwer and Alant, 2009), that takes place *in loco*, in the winescape. The wine tourist relates to the wine and the place and can behave in different ways according to the region, the winery (Hall *et al.*, 2000). In addition, the affinity between the tourist and wine translates into the satisfaction of needs.

It is also worth highlighting the concept of hedonic consumption (Hirschman and Holbrook, 1982), undoubtedly associated with the wine tourism experience. This is defined as a consumption behavior related to the multisensory, intangible and emotional aspects of an experience. This paradigm shift triggers the concept of consumption

developed based on the holistic experience (Verhoef *et al.*, 2009), whose purpose is to satisfy desires, to achieve certain feelings and sensations (Lugosi and Walls, 2013). According to Pearce (2005), the satisfaction arising from a given experience is based on expressive elements - the experience (behavioral component) in itself, closely related to emotions (affective components); and instrumental - resources necessary for experience (cognitive component).

The wine tourist has a primary motivation: tasting and buying wine (Alant and Bruwer, 2004), and discovery and explore (Bruwer and Alant, 2009). In addition, this tourist segment has secondary motivations, such as enjoying the bucolic landscape and relaxing, socializing, learning more about winemaking culture and traditions (e.g.: Getz and Brown, 2006). It is possible to consider wine tourists what Tourism Australia (2005) defines as characterized by psychographic segmentation (e.g.: personal motivations, values, attitudes, lifestyle) - *experience seekers*. Pleasure and knowledge usually coexist in the experience of wine tourists. The first is considered a consequence of the tourist's hedonic drive fueled by the enchantment with wine and its landscapes (Tonini and Lavandiski, 2011). Knowledge is the agenda for those who appreciate wine culture (e.g.: processes, history, tasting improvement).

#### 2. Materials and Methods

#### 2.1. Instrument – Wine Experience Scale

To assess the wine experience of Portuguese consumers, particularly in two wine regions, Santos *et al.* (2020) recently developed a pioneer assessment instrument aimed at studying holistic behavior of wine tourists. Based on the premise that wine tourism has the potential to create positive and holistic individual wine experiences, these authors developed an 18-item scale combining four dimensions: 1) wine storytelling – core stories influence tourists and determine their behavior (Moscardo, 2010); 2) wine tasting excitement - sensory food experiences can provoke emotions, especially for the first time in a certain place (Kim *et al.*, 2009); 3) wine involvement – visiting a winery can increase the direct involvement between the place and the tourist (O'Neil and Charters, 2000), proving to be a strong hedonic charge (Sparks, 2007); and 4) winescape – wine landscape (e.g.: wine region, vineyards, cellars, atmosphere) is considered the main motivator for the wine tourist experience (Bruwer and Alant, 2009). For this purpose, participants indicate their experience using a seven-point Likert scale, ranging from 1 (completely disagree) to 7 (completely agree).

This scale is innovative because it is the first to introduce the experience dimension. The literature allows to ensure the existence of measurement of wine product involvement (Bruwer and Buller, 2013), consumers' motivators decision to purchase wine (Barber et al., 2006), vividness of wine imagery (Croijmans *et al.*, 2019), and market for and issues involved in cocreating integral tourist experiences in rural wine destinations (Cunha *et al.*, 2021).

#### 2.2. Translation and cultural adaption

The process of cultural adaptation of the Scale was carried out according to the methodology of Beaton *et al.* (2000), using the translation-retroversion technique. In the first phase, the original scale was delivered to two independent-certified translators, bilingual and bicultural. To avoid misinterpretations and to guarantee an excellent translation it is also required a cultural understanding, as language is inseparable from a specific cultural context. Based on this merger, the two translators carried out the retroversion (from Portuguese to Spanish). Subsequently, from these two versions, a final

retroversion was produced and, based on that and with the aim of eliminating any discrepancies and incongruities, all the criteria were revised. Finally, the original and translated scales were analyzed by the translators and researchers, in order to gather consensus and operability on the final Portuguese version.

### 2.3. Procedures

Participants were recruited on different days in each of the wineries. The purpose of the study was explained to them, guaranteeing the complete anonymity and confidentiality of the answers. Those who agreed to participate responded to the instruments in the form of 'paper and pencil'. The inclusion criteria were: being 18 years of age or older, being a Spanish citizen and being a visitor to one of the wineries. This study carefully followed the ethical principles indicated by the American Psychological Association (APA) for studies with human beings.

The process of adapting the Portuguese version of the Scale consisted of two stages: translation and cultural adaptation, and the use of Exploratory Factor Analysis (EFA) of the instrument. In order to achieve the second stage, IBM SPSS Statistics, version 28.0 was used, with the aim of determining the number of factors to be retained, the number of associated items and their internal consistency. The use of the EFA allows the estimation of common factors, in the case of a high correlation between the variables. JASP software (version 0.16.4) was used for these analyses.

Accordingly, the Kaiser-Meyer-Olkin (KMO) sampling adequacy measure and the Bartlett sphericity test were used, because through them it is possible to assess the quality of the correlations in order to proceed or not with the factor analysis. The recommended KMO value is greater than 0.6 and the Bartlett test value is significant (Worthington and Whittaker, 2006).

#### 2.4. Sample

A total of 250 individuals participated in this study, and were surveyed in seventeen Spanish wineries, whose most representative age range is concentrated in the 46-65 age group, with 45.6% being male and 54.4% female. This is a non-probabilistic, convenience, and differentiated sample, as most respondents say they have a university degree (76.4% of the total). Most respondents are employed, with more than half of the sample earning a monthly salary between €1500 and €3000. All these sociodemographic data can be better analyzed in Table I.

#### - Table I -

#### 3. Results

The psychometric properties were analyzed from the mean, standard deviation, item-total correlation, and alpha values if the item is eliminated. Concerning internal consistency, the first results revealed an acceptable Cronbach's alpha of 0.813 for the 18 items listed. Regarding the item-total correlation coefficients, it is possible to observe that items 5 and 11 ["This winery landscape has a rural appeal" (Este paisaje de la bodega tiene un atractivo rural), and "Stories told about the wine positively influenced the value I attribute to this visit" (Las historias contadas sobre el vino me han permitido disfrutar)] does not present an equal or higher value recommended by the literature (>0.30) (Nunnally, 1995). Hence, considering that Cronbach's alpha would increase significantly with its exclusion, they were removed. These data can be analyzed in Table II.

#### - Table II -

After the exclusion of both items, a reliability analysis was performed again, reaching a good internal consistency: 0.912 for 16 items scrutinized.

According to the Kaiser criterion, its value can vary from zero to one, and values greater than 0.8 and 0.9 are considered excellent (Hutcheson and Sofroniou, 1999). In this sense, prior to the EFA, the Kaiser-Meyer-Olkin measure of sampling adequacy (KMO = 0.901) and the Bartlett Test ( $X^2$  (120) = 2532.155; p < 0.001) were calculated for construct validity analysis.

The next statistical step concerns the exploratory factor analysis using the principal components method, with varimax orthogonal rotation of the factors and Kaiser normalization.

#### - Table III -

An AFE was performed in which the inter-correlation matrix between the scale items was initially submitted to principal component analysis, which extracted five factors with eigenvalues above one, responsible for 72.79% of the instrument's total variance. However, the scree plot revealed that the ideal number of factors to be extracted was four. In addition, it is important following the exclusion criteria recommended by the literature, that is, indicators with factor loadings below 0.4 or cross loadings on two or more factors. Hence, and considering that this solution matches the original version of the scale, and that one of the factors contained only one item and assumed a value very close to 5% of the explained variance, the four-factor solution was chosen. Subsequently, a Confirmatory Factor Analysis (CFA) was performed forcing a four-factor solution, through the varimax rotation method. This final solution explained 73% of the instrument's total variance, and it retained a total of 16 items that presented factor loadings equal to or greater than 0.4. These data are illustrated in Table III.

Factor 1 and Factor 2, Wine Storytelling and Wine Involvement, respectively, consisted both of 5 items, Factor 3 and Factor 4, Winescape and Wine Tasting Excitement, grouped both 3 items. It is crucial to note that in Factor 1 an item migrated from a factor of the original scale [Item 1 "Tasting this wine in its original wine cellars makes me excited" ("Catar este vino en su propria bodega me emociona")].

#### - Table IV -

The analysis of mean differences between the participants regarding gender is presented in Table IV. Male participants scored higher in all dimensions, except for the Wine Tasting dimension. The biggest difference between them concerns the Storytelling dimension (Mean dif. = 0.34), which is statistically significant.

#### - Table V -

Table V presents the adjustment indexes of the factorial solution of the original scale and the Spanish version. It is possible to observe that both versions have good fit indexes (goodness of fit (GFI>0.9), comparative fit index (CFI>0.90), incremental fit index (IFI>0.90), and Tucker–Lewis index (TLI>0.90) (Hair *et al.*, 2013)), with the exception of the RMSEA (root mean square error of approximation) value of the Portuguese scale. This index must present values lower than 0.08 (Fabrigar *et al.*, 1999) to be acceptable, together with a CFI higher than 0.9. Hence, it is assumed that the

factorial solution of the Spanish version presents a good theoretical interpretation of the factors, as well as meeting the validity and reliability requirements.

#### - Table VI –

To analyze gender invariance, configurational invariance (same structure between groups), metric invariance (same factor loadings between groups) and scalar invariance (same intercepts between groups) were tested, as proposed by Chen (2008). It was possible to verify an acceptable adjustment regarding the configurational invariance. The absolute difference of the CFI and SRMR indices was less than 0.001, which means that the metric invariance between males and females is verified. Finally, it was tested and verified with values of acceptable adjustments to scalar invariance through equality restrictions. Hence, it is also possible to determine that the model under analysis is equivalent for males and females. These results are presented in Table VI.

#### 4. Discussion

This study aimed to translate and adapt the Portuguese version of the Wine Experience Scale (Santos *et al.*, 2020) to the Spanish culture. The results obtained allow to conclude that this scale has good psychometric properties, also showing validity and reliability.

After carrying out the Exploratory Factor Analysis, the grouping in four dimensions was maintained, similar to the original version by Santos *et al.* (2020). However, it was necessary to eliminate two items (item 5 - "This winery landscape has a rural appeal" [Este paisaje de la bodega tiene un atractivo rural]; and item 11 - "Stories told about the wine positively influenced the value I attribute to this visit" [Las historias contadas sobre el vino han influido positivamente en el valor que yo le atribuyo a esta vida]), making a total of 16 items.

The final model of the Spanish version (see Appendix A) consists of: Factor 1 -Wine Storytelling (five items); Factor 2 - Wine Involvement (five items); Factor 3 -Winescape (three items); and Factor 4 - Wine Tasting Excitement (three items). The items that make up the four dimensions of the scale almost completely coincide with the original scale. However, it should be noted that the item "Tasting this wine in its original wine cellars makes me excited" ["Catar este vino en su propria bodega me emotiona"] migrated to Factor Wine Storytelling. Telling stories in a given cultural context can arouse interest, mediate knowledge and move the listener (Rytkönen et al., 2021). According to Bonarou (2016), storytelling as a tool awakens people's emotions, can create an emotional bond between the tourist and the product (Herskoviz and Crystal, 2010) and memorably communicates the values of the winery. For instance, a qualitative study carried out in Greece analyzed verbal and visual representations and identified storytelling as effective for wine tourism (Bonarau et al., 2019). Considering that wine tourism has become a complex tourism product, this technique requires an authentic and emotional narrative to capture the tourist's attention and senses (Santos et al., 2022). According to this study by Santos et al. (2022), storytelling can be seen as an antecedent of the wine experience, as this is invariably related to the winescape and an important influence of wine tourist behavior, and make the experience memorable (Ramšak, 2022). Moreover, this technique can be a driver of the emotions of the wine tourist, as well as a way of promoting the uniqueness of the wine region.

It is also important to highlight that men presented higher averages compared to women, with the exception of the Wine Tasting Excitement dimension. According to Mora et al. (2018), this may be due to real differences in the way male and female respond to the wines they taste. That is, female have a more demanding and discerning palate and, for this reason, are better able to perceive the differences between tasted wines (Mora et al., 2018). With a different approach, the study by Barber et al. (2009) concluded that women tend to choose their favorite wine, reducing risks associated with tasting, purchasing, choosing and knowing about wine. Moreover, this finding reinforces the idea of a different sensory profile and that tasting events could be designed differently for male and female, focusing on exclusive marketing strategies (Ferreira et al., 2019).

In addition, the highest value concerns storytelling scored by men. According to the study by Ferreira et al. (2019), this finding may be due to the fact that men attribute importance to factors such as the quality of the region in relation to emotional empathy and attributes for wine selection, which is also reflected in their level of involvement with wine.

#### 4.1. Limitations and Future Research

Considering the achievement of the objective of this study, with merits in psychometric terms and that the validation process is a continuous act, it is necessary to highlight some limitations of this study. The first concerns the use of a non-probabilistic sample, which does not allow the generalization of the results. Also, although there is no set of rigid rules that determine the sample size for validating a scale (e.g., Anthoine et al., 2014; Comfrey and Lee, 1992; Osborne and Costello, 2004), we point out the sample size as a limitation, because the larger it is, the greater the probability of reliable and representative results. In future research, it is equally relevant to replicate the validation of the Scale in other Spanish speaking countries with a culture of consumption and wine tourism, in order to verify its validity and reliability. It is equally important to consider the influence of social desirability. Finally, the self-response format was used, which can generate some ambiguity in terms of variance, that is, the variance may be due to the measurement method and not to the construct itself. In this sense, the identified limitations suggest the need for further studies, using other samples, in order to deepen the knowledge around the psychometric qualities of the Wine Experience Scale.

#### 5. Conclusions

The validation of the Wine Experience Scale gathered the psychometric standards, and criteria of validity and reliability, which allows the implementation of a new measuring instrument of special relevance for the Spanish context. This scale is composed of four factors and sixteen items and the Exploratory and Confirmatory Factor Analysis formed part of its validation strategy. The consistency criteria of the new model adjustment version, namely item reduction and grouping, was validated and allowed adjustments to be made appropriate to the context.

"A motive is an internal factor that arouses, directs, and integrates a person's behavior" (Iso-Ahola, 1980, p. 230). On the one hand, external motives (e.g.: winery tour) are referred to as those that attract the wine tourist (attraction factors) to the winery and the surrounding activities. On the other hand, the study of internal motivations (e.g.: socializing, relaxation) allows winemakers to identify products that meet the needs of their tourists. Furthermore, whereas these are deeply rooted in the values, beliefs and attitudes of the wine tourist, it can shed light on the similarities and differences between the 'why' of choosing wine tourism over another tourist segment (Mitchell et al., 2000).

The wine tourist's motivations can be considered idiosyncratic, because, according Carvalho et al. (2017), each tourist has a main motivation, which can come from internal influences/needs (push strategy) or from external influences/attributes (pull strategy). Considering that there is a continuous need to study the profile of the wine tourist (Hall et al., 2000), with the validation of this instrument to the Spanish culture, it is expected to contribute to the characterization of the wine tourist (particularly, of the younger age group and gender feminine). Simultaneously, by knowing the visitor well (Costa and Kastenholz, 2009) and drawing a more careful profile, it is possible to promote sustainable wine tourism, as well as to implement adequate marketing strategies and promote innovation in this market segment (Marzo-Navarro and Pedraja-Iglesias, 2009).

The validation of the Wine Experience Scale can contribute, in the economic context to help actors in the wine tourism sector to understand the behavior and needs of their tourists, allowing them to rethink the strategy of offering the wine tourism product in the region; and, in academic matters, the validation of this instrument will make it possible to outline and deepen the profile of this type of tourist. Knowing the motivations of the wine tourism consumer is also a way of acquiring knowledge about the sustainable development of this tourist segment. Furthermore, the validation of a new measurement instrument reinforces the university-business relationship, considering that higher education institutions play an important role in economic development and the creation of new products and services (Paranhos and Perin, 2018). According to Gómez-Carmona et al. (2023), the wine tourism experience is a construct of special relevance to Marketing scholars. For instance, the report prepared by Hughes et al. (2022) concluded that the use of scientific publications is the most common commercialization-interaction between the universities and the companies.

Often inserted in rural tourism or family businesses, wine tourism is considered part of the local identity and can be a means of valuing the community (Cunha et al., 2020) and the surrounding natural environment, as well as local and regional development. The concept of wine tourism changes over time and, consequently, the profile and motivations of wine tourism as well. For this reason, it is necessary to bear in mind that when efforts are made to assess the profile of wine tourists, in addition to s ganability me culture . deepening their expectations and needs, the wine industry gains ground in terms of innovation and the implementation of new marketing and sustainability strategies, and become more competitive. In short, what will never change is wine culture and its ability to raise emotions.

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Table I – Sociodemographic characterization.

Variable	N	%
Gender	1.1	/ U
Male	114	45.6
Female	136	54.4
Age group	150	51.1
18-25	5	2.0
26-45	98	39.2
46-65	136	54.4
More than 65	11	4.4
Education		·
No studies	1	0.4
Elementary studies	12	4.8
High school or		
similar	46	18.4
University studies		
	191	76.4
Profession		
Student	10	4.0
Self-employed	39	15.6
Employee	167	66.8
Retired	18	7.2
Unemployed	16	6.4
Income	20	15.6
Less than €1500	39	15.6
€1501 - €3000	140	56.0
€3001 - €4500	43	17.2
More than €4500	26	10.4
No income	2	0.8
Winery	27	10.8
Arzuaga Protos	27 87	34.8
Moradillo de Roa	87 16	6.4
Pradorey	93	37.2
Emina	4	1.6
Other	23	9.2
- United	23	9.2

Table II – Internal consistency of the Spanish version.

Item	Mean	SD	Corrected	α	
			item-total	If item	
			correlation	deleted	
Item 1 <sub>[Tasting this wine in its original wine cellars]</sub>	6.096	1.171	0.694	0.796	
Item 2 cm	5.5	1.505	0.385	0.805	
Item 2 [Tasting this wine on holidays helps me to relax]	4.456	1.665	0.455	0.801	
Item 3 <sub>[Tasting this wine makes me feel exhilarated]</sub>	5.492	1.44	0.433	0.808	
Item 4 <sub>[Tasting this wine on holidays makes me stop worrying about routine]</sub>	3.492	1.44	0.313	0.808	
Item 5 <sub>[This winery landscape has a rural appeal]</sub>	6.288	4.4643	0.129	0.859	
Item 6[These buildings have historic appeal]	5.62	1.668	0.567	0.796	
Item 7 <sub>[There is an old-world charm in these wine]</sub>	5.58	1.692	0.610	0.794	
cellars]					
Item 8 <sub>[This architecture gives the winery character]</sub>	5.68	1.59	0.585	0.796	
Item 9[Stories told about the wine positively influenced	5.92	1.259	0.661	0.796	
Item 10 <sub>[Stories told about the wine positively]</sub>	5.78	1.395	0.668	0.784	
Item 11 <sub>[Stories</sub> told about the wine positively	6.26	4.668	0.257	0.846	
Item 12 <sub>[Stories told about the wine enabled me to have]</sub>	6.048	1.325	0.672	0.795	
an enjoyable time]  Item 13 <sub>[Stories told about the wine enabled me to learn</sub>	5.704	1.658	0.615	0.794	
ancient facts about wine that I did not know]					
Item 14 <sub>[I like to purchase wine to match the occasion]</sub>	6.088	1.155	0.373	0.807	
Item 15[For me, drinking this wine gives me pleasure]	5.752	1.357	0.580	0.798	
Item 16 <sub>[I enjoyed these wine activities which I really</sub>	6.0	1.116	0.627	0.799	
wanted to do]  Item 17 <sub>[For me, these wine tastings are a particularly</sub>	5.968	1.057	0.634	0.798	
Item 18 <sub>[My interest in this wine makes me want to visit these wine cellars]</sub>	5.76	1.515	0.668	0.793	

Table III – Rotated factorial structure

Table III – Rotated factorial struc	iure.				
Item	Factor 1	Factor 2	Factor 3	Factor 4	h <sup>2</sup>
WE1 <sub>[Catar este vino en su propria bodega</sub>	0.527				0.661
me emociona]	0.050				0.924
WE9[Las historias contadas sobre el vino	0.858				0.824
han influído positivamente em el valor que yo					
le atribuyo al vino] WE10 <sub>[Las historias contadas sobre el vino]</sub>	0.842				0.81
	0.072				0.01
han influído positivamente em el valor que le					
atribuyo a la cata de vinos]	0.773				0.737
WE12 <sub>[Las historias contadas sobre el vino]</sub>	0.773				0.737
me han permitido disfrutar]	0.672				0.606
WE13 <sub>[Las historias contadas sobre el vino]</sub>	0.072				0.606
me han permitido aprender hechos antíguos					
sobre el vino que yo no sabía		0.715			0.567
WE14 <sub>[Me gusta comprar vino para la</sub>		0.715			0.567
occasion] WE15 <sub>[A mi beber este vino me da plácer]</sub>		0.816			0.759
WE16[Disfruté de estas actividades del vino		0.707			0.737
_		0.707			0.717
que realmente quería hacer] WE17 <sub>[Para mí estas catas de vino son ]</sub>		0.759			0.74
especialmente placenteras]		0.670			0.602
WE18 <sub>[Mi interés por este vino me hace</sub>	Ux-	0.678			0.682
querer visitor esta bodega]			0.07		0.026
WE6 <sub>[Este edificio de la bodega tiene um</sub>			0.87		0.826
atractivo histórico]			0.072		0.076
WE7[Hay un encanto especial del Viejo	4		0.873		0.876
mundo del vino en esta bodega]			0.004		0.702
WE8 <sub>[Esta arquitectura le da carácter a la l</sub>			0.824		0.793
bodega]		( V		0.814	0.74
WE2 <sub>[Catar este vino em um sábado me</sub>		_		0.014	0.74
ayuda a relajarme]				0.61	0.562
WE3[Catar este vino me hace sentir				0.61	0.362
eufórico]				0.965	0.79
WE4 <sub>[Catar este vino en un sábado me</sub>			U	0.865	0.78
despreocupa de la rutina]	7 201	1.070	1 201	1.040	
Eigenvalue	7.281	1.979	1.381	1.040	-
Variance	45.503	12.367	8.63	6.503	-
Items	5	5	3	3	

Table IV – Means difference between genders.

Table V – Goodness-of-fit indices.

		1.0	2/12		~=-		~==		1
Factorial	$X^2$	df	X <sup>2</sup> /df	RMSEA (CI)	GFI	TLI	CFI	IFI	
Solution	272.19	12	2.11	0.093 [0.078 –	0.91	0.98	0.98	0.98	
Original Scale (4	5	9	2.11	0.109]	0.71	3	6	6	
factors – 18	3	I		0.109]			0	0	
items)									
Spanish	280.67	98	2.864	0.08	0.92	0.91	0.92	0.92	
version (4	1	, 0		[0.07 - 0.09]	J., J.	0.51	7	7	
factors – 16	=			[ [ [ [ ] ]					
items)									
Table by author				scriptcentral.com/ijw					
		πιμ.//	inc.manu:	scripteeritial.com/IJW	NI .				

Table VI – Gender invariance.

		ider invari						~				
Invarianc	ce	$\chi^2$	df	χ	RMS	CFI	IFI	SRM	Δχ2	Δ	Δ	
				<sup>2</sup> /df	EA			R		CFI	SRM	
											R	
Configur	rati	439.122	19	2.2	0.04	0.9	0.9	0.02	-	-	-	
onal		**	6	4		53	55	2				
Metric		464.574	20	2.2	0.04	0.9	0.9	0.02	1.08	0.0	0.00	
		**	8	34		52	6	2	2	01	0	
Scalar		490.996	22	2.2	0.04	0.9	0.9	0.02	14.0	0.0	0.00	
		**	0	32		61	7	2	51	01	0	
** p < 0.001	$; \chi^2, C$	hi-square; c	lf, deg	ree of fr	eedom; RN		oot mea	n square			nation;	
CFI, compar	rative	fit index; IF	I, incr	emental	fit index; S	SRMR,	standard	ized root	mean sq	uare res	dual.	

<sup>\*\*</sup> p < 0.001;  $\chi^2$ , Chi-square; df, degree of freedom; RMSEA, root mean square error of approximation; CFI, comparative fit index; IFI, incremental fit index; SRMR, standardized root mean square residual.